



Congruencism a Beacon for the World Color Softcover

By Ken Brumfield

KTB Publishing LLC. Paperback. Book Condition: New.

Paperback. 204 pages. Dimensions: 10.0in. x 8.0in. x

0.6in. Congruencism An ideology that teaches one to embrace

the positive and discard the negative through encouraging a

benevolent congruence of emotions, cognition, and actions. If

one is truly congruent (their inner emotions, subconscious, and

outward display of their emotions are all matching), the people

that should be in their life will gravitate to them, and those that

should not will gravitate away from their day to day life. It is my

hope that this book and the movement it represents will help

people to realize that others opinions of them should not affect

their own opinion or self concept. I feel that masochism plays a

huge role in our society, and that there is an undeniable internal

strength that receiving unconditional acceptance can provide.

Bullying is a theme that weaves in and out of the book and my

hope is that once someone has read Congruencism they will

begin to question their less positive relationships. I feel that often

these relationships are more custom fit versions of our past that

we are drawn to due to their cloak of familiarity and once

someone believes and...



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