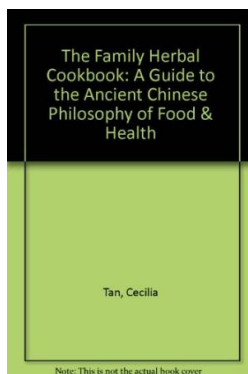


## The Family Herbal Cookbook: A Guide to the Ancient Chinese Philosophy of Food & Health



### Book Review

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