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PREPARED: BODY - MIND - SPIRIT: USING THE GRIDIRON S BOUNDARIES TO REACH YOUR LIMITLESS POTENTIAL (PAPERBACK)



Createspace, United States, 2010. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Reggie Kelly of the Cincinnati Bengals tells how our measure of success, both on the field and in our daily life, is defined by what we are willing and able to do, despite our surroundings. From the first backyard Training Camp - the Garden of Eden - to the grassy scrimmage line of an NFL faceoff, Reggie explores...

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- Authored by Reggie Kelly
- Released at 2010



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